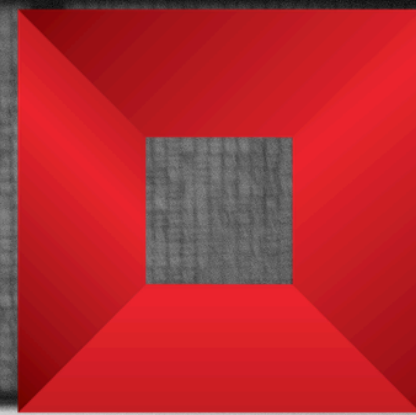




Krátis

Training & Consulting Ltd

2026-2027

WWW.KRATISCONSULTING.COM

OUR STORY

IT ALL STARTED IN AVIATION IN 2005.
40+ COUNTRIES LATER, OUR WORK
HAS TAKEN US AROUND THE WORLD —
ALMOST EVERYWHERE BUT HOME.

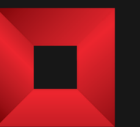


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KRATIS TODAY

A TRAINING AND CONSULTING ORGANIZATION
FOCUSED ON ORGANIZATIONAL BEHAVIOUR
AND HUMAN PERFORMANCE AT WORK.

EQUAL ACTIVITY IN AVIATION AND IN OTHER
SECTORS.



WWW.KRATISCONSULTING.COM

OUR COLLABORATIONS

PARTNERING WITH ACADEMIA AND INDUSTRY
TO TURN EXPERTISE INTO IMPACT.



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

ONEJARO



University
of Cyprus

CAMINO ALTO
CAREER COACHING & HR ADVISORY SERVICES



Grant Thornton



Cyprus
University of
Technology



Δήμος Λευκωσίας
Nicosia Municipality

RED
HR SOLUTIONS

JCI
Cyprus



ACROSS INDUSTRIES & SECTORS



OUR CORE TEAM



Vangelis Demosthenous
Managing Director



Savvia Stavrou
Trainer and Consultant



Thomas Demosthenous
Research and Development



Vassos Lappa
Senior Consultant



Solonas Demosthenous
Trainer and Consultant

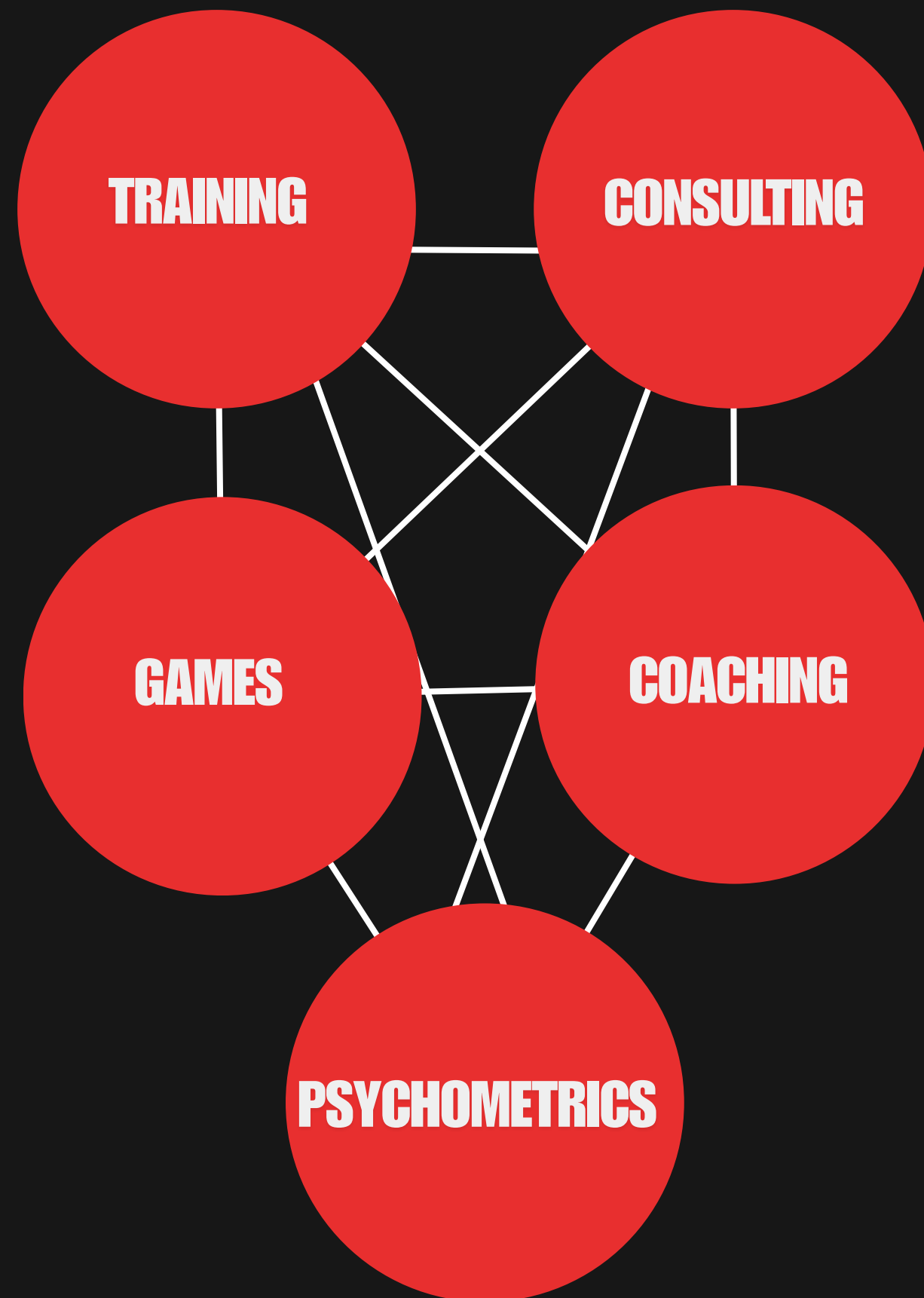


Ellie Christodoulides
Design and Development



Constantinos Philippides
Trainer and Consultant

40+
ASSOCIATES
AROUND THE
WORLD



OUR SERVICES

A HOLISTIC APPROACH TO LEARNING, DEVELOPMENT AND ORGANIZATIONAL PERFORMANCE.



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EXPRESSIT.

7TH SEASON.
60+ PODCAST EPISODES ON
ORGANIZATIONAL BEHAVIOUR.
ONE CONVERSATION AT A TIME.



RESEARCH ACTIVITY

WHERE WORKPLACE CHALLENGES MEET
SCIENTIFIC INQUIRY.



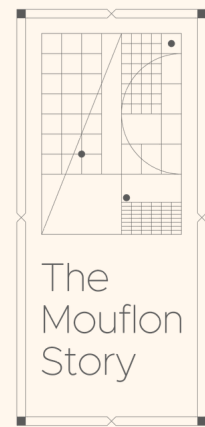
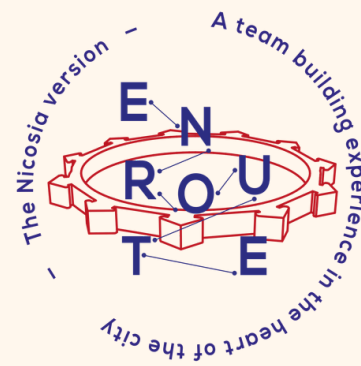
- PREVIOUS PROJECTS
FOCUSED ON
**TRANSFERRING KNOWLEDGE
AND BEST PRACTICES FROM
AVIATION** AND HUMAN
FACTORS TO OTHER HIGH-
RISK INDUSTRIES.
- OUR 2027 RESEARCH
STRATEGY FOCUSES ON
TOPICS RELATED TO
**MENTAL HEALTH AND PEER
SUPPORT PROGRAMS** IN
ORGANIZATIONS.

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EXPERIENTIAL LEARNING ACTIVITIES

NOT JUST AN ACTIVITY. AN EXPERIENCE
DESIGNED TO CREATE LEARNING.





OUR GAMES.



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OPEN EVENTS AND PROGRAMS

EVENTS. CONVERSATIONS. AND EVERYTHING
IN BETWEEN.



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NICOSIA CORPORATE TOURNAMENT

NEXT EVENT- 24.10.26

THIS YEAR, WITH MORE TEAMS, NEW GAMES
AND NEW LOCATION.



OUR 26-27th SERVICES

MORE THAN TRAINING. A HOLISTIC APPROACH TO PEOPLE DEVELOPMENT.



**5 MONTH LEADERSHIP
DEVELOPMENT PROGRAM.**

**4 MONTH LEARNING AND
DEVELOPMENT CERTIFICATE.**

**CUSTOMISED LEADERSHIP
PROGRAMS**

**TEAM DYNAMICS WORKSHOP
(AWARDED)**

PREDICTIVE INDEX WORKSHOPS

BRAINJAM

WWW.KRATISCONSULTING.COM

LEADERSHIP DEVELOPMENT PROGRAM. OCTOBER, 2026

- A FIVE-MONTH LEADERSHIP JOURNEY OF LEARNING, REFLECTION AND GROWTH.
- WITH FREE BRAINJAM SUBSCRIPTION
- UNIVERSITY OF CYPRUS DIPLOMA



LEARNING AND DEVELOPMENT CERTIFICATE (JANUARY 2027)

- LAUNCHING IN **2027**. A 4 MONTH JOURNEY FOR PROFESSIONALS WHO WANT TO TURN LEARNING AND DEVELOPMENT INTO A PROFESSIONAL SKILL. *SUBSIDISED BY HRDA.
- 15 X 3-HOUR WORKSHOPS ON HOW TO IDENTIFY LEARNING NEEDS, DESIGN LEARNING PROGRAMS AND EVALUATE LEARNING OF PROFESSIONALS.



CUSTOMISED LEADERSHIP PROGRAMS

- HOLISTIC, CUSTOMISED AND ENRICHED BY REAL-WORLD INDUSTRY EXPERTISE.
- COMBINING TRAINING, COACHING, TABLETOP EXERCISES AND EXPERIENTIAL ACTIVITIES.
- THEY CAN BE CUSTOMISED TO THE NEEDS OF THE ORGANIZATION
- FULLY SUBSIDISED BY HRDA





TEAM DYNAMICS WORKSHOP



- HR-AWARDED. FULLY SUBSIDIZED. 6-HOUR GAME BASED WORKSHOP. BUILT AROUND HOW TEAMS REALLY WORK.
- 3 GAMES WITH CUSTOMISED DEBRIEFING SESSIONS AND INDIVIDUAL ACTION PLANS.

PREDICTIVE INDEX WORKSHOPS

THREE WORKSHOPS. FROM UNDERSTANDING
YOURSELF TO WORKING BETTER WITH
OTHERS. *HRDA SUBSIDISED.

WORKSHOP 1

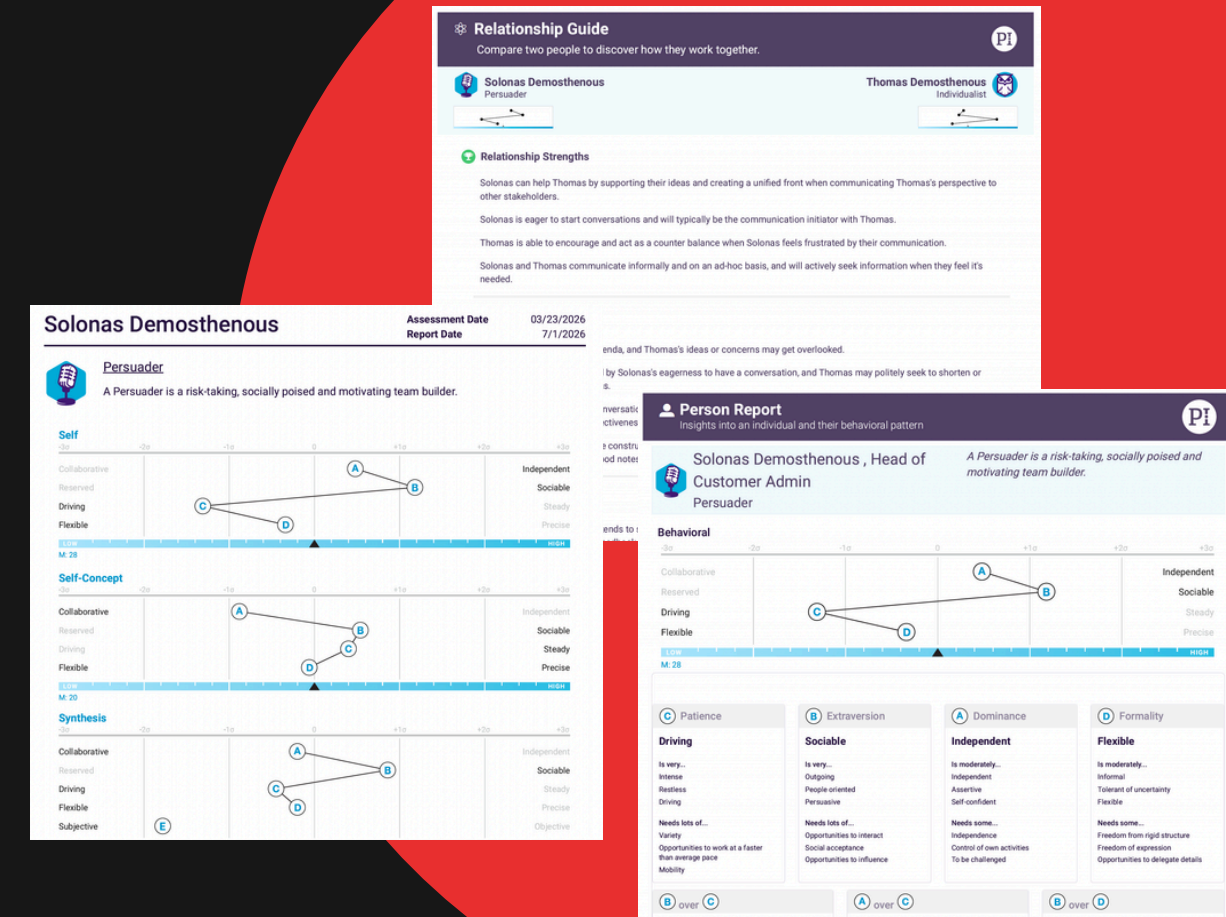
Self-Awareness and Team
Profiling Skills for Leaders
Leaders Level (2-days)

WORKSHOP 2

Building Team Cooperation
Team Level (1-day)

WORKSHOP 3

Relationship Management Skills for
Professionals
Interpersonal Level (1-day)



BRAINJAM

A team-development tool
for leaders.





THE CHALLENGE

Workshops, training and team days deliver real value in the moment. But with nothing in between them, the energy and the learning quietly fade, and the change you were after never fully lands.

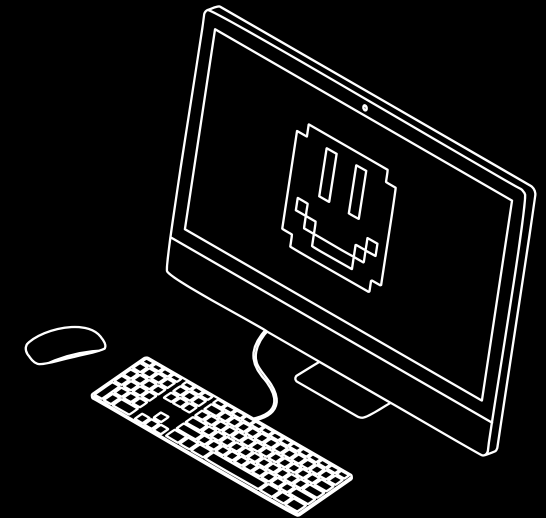


PHOTO 01

01



Name **ARIA COOPER**
Date of Birth **08 OCT 1991**
Height **1.69**
Car License Plate **NGR-1188**
Job Title **ACCOUNTING OFFICER**
Employment Status **FULL-TIME**
Start Date **01 NOV 2022**

CHARACTERS

ENTORY

02

03

04

06

09

07

02

04

02

04

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09

08

05

A shared space where breaks, conversations, and everyday routines unfold.

where breaks, conversations, and everyday routines unfold.

TING

KITCH



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team@brainjam.quest
+35722449088

*#Monthly, 45minute team
sessions that turn learning
into lasting habits.*





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+35722449088

