



# Team Building Workshop



**28 February 2025**



**8, Kosta Outani str., 1076 Nicosia**



**08:30-15:45**

The programme has been approved by the HRDA. Enterprises/ organisations participating with their employees who satisfy HRDA's criteria, are entitled to subsidy.



## Scope & Purpose

In today's fast-paced and interconnected business landscape, the success of an organization hinges greatly on the effectiveness of its teams. However, achieving strong teamwork, effective communication, and proactive leadership isn't automatic; it requires intentional development and nurturing.

This workshop addresses these vital components by providing participants with practical insights and skills to enhance teamwork, communication, leadership, and relationship building within their organization. By fostering a deeper understanding of team dynamics, communication techniques, the value of initiative-taking, and factors influencing human performance, this workshop equips participants with the tools needed to drive organizational success. This workshop offers participants a dynamic learning experience focused on enhancing organizational success through strengthened teamwork, effective communication, and proactive leadership. insightful discussions, attendees will deepen their understanding of teamwork dynamics, communication techniques, and strategies for optimizing individual and team performance. It's an opportunity for participants to gain practical skills and insights to drive innovation and foster positive relationships within their organization.



## Objectives

After the training, participants will be able to:

- Articulate the importance of effective teamwork in achieving organizational goals.
- Identify factors that affect human performance
- Demonstrate improved communication skills within a team setting.
- Collaborate more effectively, leveraging diverse perspectives and skills to solve problems.
- Contribute to fostering a culture of trust within their teams.
- Take ownership of their actions and commitments, promoting accountability within the team.
- Demonstrate leadership qualities necessary for guiding and motivating team members.
- Facilitate effective decision-making processes within their teams.



## Target Audience

This training program is designed for professionals across various levels within an organization who are seeking to enhance their teamwork, communication, leadership, and relationship building skills. Team members, team leaders, managers, and executives alike, as effective collaboration and communication are essential at all levels of an organization.



## Training Content & Detailed Schedule:

### 08:30 - 10:00: Introduction

- Personal Introductions – Icebreaker
- Objectives
- Learning Contract
- Introduction to Teamwork - "The Production Game"
- Factors affecting team performance

### 10:00 - 10:15: Morning break (15 minutes).

### 10:15 - 11:45: The Importance of Strong Teamwork.

- Introduction to the concept of teamwork and its significance in organizational success.
- Understanding Team Dynamics
- Developing cooperation and synergy
- Challenges in Teams

### 11:45 - 12:30: Lunch break (45 minutes).

### 12:30 - 14:00: Effective Communication Techniques in Teams.

- Verbal and Non-verbal Communication Skills
- Active listening and Empathy
- Effective communication challenges – VR Game

### 14:00 - 14:15: Afternoon break (15 minutes).

### 14:15 - 15:30: Decision Making in Teams

- Importance of Effective Decision Making in Teams
- The importance of effective leadership
- The value of initiative-taking
- The Soronan Desert exercise

### 15:30-15:45: Recap and feedback



## Training Method

The program will be delivered in a face-to-face format to maximize interaction, practical learning, and immediate feedback. The benefits of face-to-face delivery include:

- Direct interaction between trainers and participants, allowing for real-time feedback and clarification.
- Hands-on practice through role-plays, group discussions, and workshops that give participants the chance to apply peer support principles in real-world scenarios.
- Collaborative learning environment where participants can share experiences and learn from each other's challenges and successes.
- Immediate coaching during exercises, helping participants refine their leadership and peer support skills.



## Certificate of Attendance

Upon completion of the entire training program, a Certificate of Completion will be awarded to participants who successfully complete the program.



## Pricing and Language

- The training program is approved by HRDA. Companies/Organizations participating with their employees who meet the requirements of HRDA will be eligible for the corresponding subsidy.
- The training will be conducted, and the notes will be provided, in both Greek and English.
- Participation cost: €70. Total cost: €190. HRDA subsidizes €120. No VAT is charged.



## Registration Deadline

- Registrations must be made no later than February 13, 2025. Registrations will be processed on a first-come, first-served basis.
- Please note that final registration must be completed on the HRDA platform - ERMIS.
- Upon registration, an invoice for €70 will be sent to you. The payment must be settled electronically, referencing the invoice number, prior to the start of the seminar.



## The Facilitator

Constantinos Philippides has a background in Hospitality Management (BSc) and is currently pursuing a Master's in Business Administration. Over the last 20 years, he has accumulated extensive experience in the hospitality industry, holding various positions and owning two hospitality businesses in Nicosia. He is also a certified (HRDA) trainer with over 10 years of training experience, and he is trained as a Business Coach. Currently, he works as an associate for Kratis, where he is responsible for delivering all experiential learning activities. Finally, he specialises in areas like Human Performance in the work environment, customer service and experience and human error.



*For any information or clarification, you can contact us at (+357) 22 449088 or via email at [info@kratisconsulting.com](mailto:info@kratisconsulting.com). Please note that the final registration must be completed through the HRDA platform, "ERMIS."*

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